

Positive Physical Approach™ (PPA) and Hand Under Hand™ (HUH)

Date: May 22nd, 2019

From: 5-7pm

CE: 1.5

Where: Colonial Village, 12500 137th St, Overland Park, KS 66221

Presented by Matthew Christopher CPTA with Summit Care Inc./ PAC certified independent trainer

Matthew is a certified Physical Therapist Assistant and Director of Rehab for Summit Care Inc. Matthew has been working in the Physical Therapy field for the past 15 years and has spent 12 of those years working with Geriatrics and Memory Care. His passion for Memory Care led him to gain his certification as a PAC Independent Trainer and Coach in 2018. The Positive Approach to Care (PAC) program was created by Teepa Snow, OTR/FAOTA and focuses on placing the person living with dementia in a pivotal role when determining what is needed in care. Matthew uses his training to educate clinicians and caregivers on how to appreciate and support people through environmental and interaction modifications as they progress through the brain changes of dementia.

This workshop focuses on Positive Approach to Care clinicians' partnering techniques, including Positive Physical Approach™ (PPA) and Hand Under Hand™ (HUH). Although the primary target audience is health care practitioners, families are also welcomed to attend. This course is for Intermediate learners who have some experience working with those living with dementia.

These newly learned skills enable health care professionals to shift from simply dealing with the behaviors to creating a positive and caring environment. Health care professionals develop observational skills needed to recognize signals of “unmet needs and growing distress” in the person they are working with and respond in a way that reduces anxiety and improves quality of life for their clients.

Workshop Objectives:

1. Analyze how to apply Positive Physical Approach and Hand under Hand in clinical situations.

2. Analyze the importance of doing “with”, not “to” and utilize techniques to demonstrate that in a therapeutic setting.
3. Demonstrate observational skills that are necessary for therapist so they can apply techniques to create a plan for their clients unmet emotional and physical needs.
4. Identify ways to help the client being treated to become more independent by creating a treatment plan that is designed to make clients feel productive and valued.

Methods of teaching: The workshop includes a combination of lecture, discussion, role play, group interaction, case discussion, and problem-solving among learners to actively engage learners in the content. Video training, handouts, power point presentation, and role playing may be used throughout the session. The workshop facilitator is a Certified Positive Approach to Care Trainer and is qualified to facilitate workshops and train others in the PAC philosophy.

Grievance Policy

Commonwealth Educational Seminars (CES) seeks to ensure equitable treatment of every person and to make every attempt to resolve grievances in a fair manner. Please submit a written grievance to: Matthew Christopher, matthewc@summitcare.net. Grievances would receive, to the best of our ability, corrective action in order to prevent further problems.

Accommodations for the Differently Abled

Summit Care training facilities are handicap accessible. Individuals needing special accommodations, please contact: Dan Chik, Dan.Chik@WestchesterVillageLenexa.com, 913-307-2000.

It is the participant's responsibility to check with their individual state boards to verify CE requirements for their state.

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If applicable: Social Workers – New York State

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Nurses:

As an American Psychological Association (APA) approved provider, CES programs are accepted by the American Nurses Credentialing Center (ANCC). These courses can be utilized by nurses to renew their certification and will be accepted by the ANCC. Every state Board of Nursing accepts ANCC approved programs except California and Iowa, however CES is also an approved Continuing Education provider by the California Board of Registered Nursing (Provider # CEP15567) which is also accepted by the Iowa Board of Nursing.

